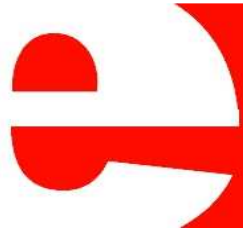


# Student Success: Parenting 101

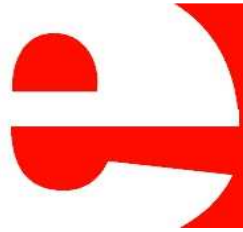
Dr. Nobby Emmanuel

Vice Chancellor for Student Affairs



# The Collegiate Experience: A Journey from Adolescence to Adulthood

- Career
- Intellectual
- Sexuality
- Values clarification
- Belief systems
- Lifestyles
- Family
- Spirituality
- Cultural awareness



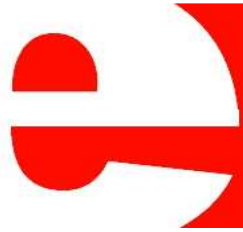
# **T.E.A.M.**

**TEACHERS**

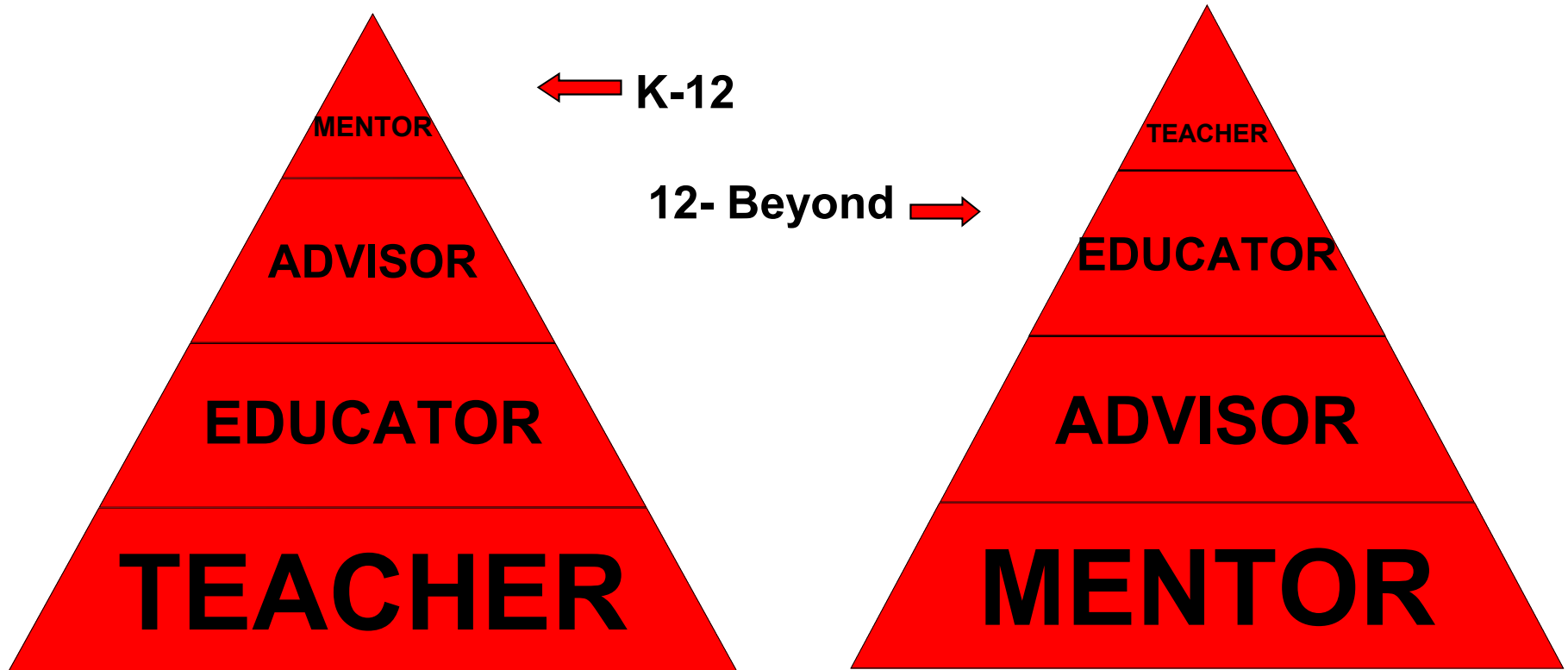
**EDUCATORS**

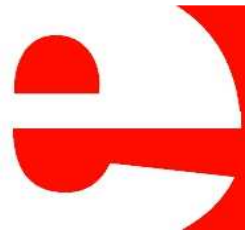
**ADVISORS**

**MENTORS**



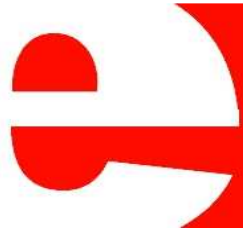
# PARENTAL ROLES





# Parent & Student Bonding

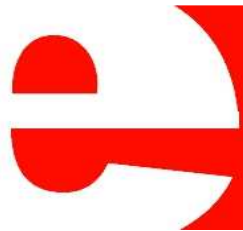
- Learn to cook
- Learn car maintenance
- Learn to do laundry
- Hang up
- Hang loose



# **Managing Challenges**

**(THE ADVISOR)**

Before now you handled conflicts.  
Now it is time to advise your student on  
the best way to handle the conflict.

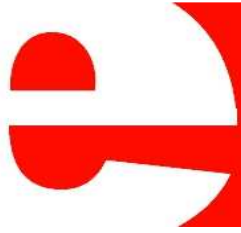


# Connections

## (THE MENTOR)

Seeing a smiling parent at an event is the small push that your student needs to make it through the rest of the semester.

- SIUEvents
- Athletics
- Arts & Issues
- Music & Theater
- Campus Activities Board
- Family Weekend
- Springfest
- St. Louis



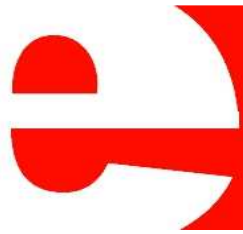
# Student development in college...freshmen

## Needs and concerns:

- overwhelmed
- uncertain
- naïve
- homesick
- dualistic
- separation from family/friends
- adjusting to academic demands
- roommates
- eating

## Encourage them to:

- get to know campus
- strengthen study skills
- get involved
- find a group of like-minded friends
- explores values, interests, majors
- join a study group



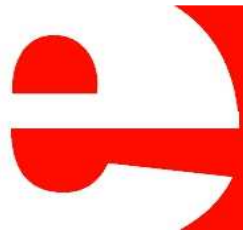
# Student development in college...sophomores

## Needs and concerns:

- overconfident
- no longer “new kids”
- too many choices
- no longer center of attention
- major decisions
- “sophomore slump”
- lower grades
- questioning values, parents
- loyalty shift to peers

## Encourage them to:

- set goals
- learn to manage time effectively
- balance social activities
- become a leader on campus
- explore majors and careers
- share concerns, ask questions
- get involved in community service



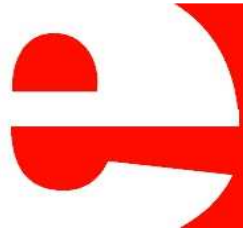
## Student development in college...juniors

### Needs and concerns:

- “top of the hill”
- comfortable, confident
- more focused
- gaining experience
- networking
- pragmatic
- adult/adult relationship w/parents
- clarifying values
- enthusiastic about studies

### Encourage them to:

- find a mentor
- complete an internship
- research career options
- develop a resume
- explore graduate schools
- focus on major
- prepare for senior year



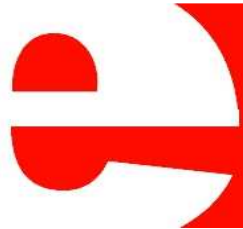
## Student development in college...seniors

### Needs and concerns:

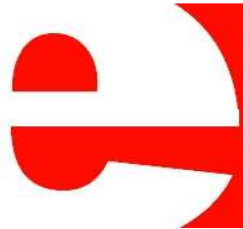
- anxious, apprehensive
- career decisions
- job or graduate school
- concerned about future
- parental/societal stress
- self-esteem, security needs
- relationship issues
- time management
- concerned about living on their own

### Encourage them to:

- finalize career decision
- develop an action plan
- complete a resume
- practice interviewing skills
- apply to graduate school
- conduct a job search
- develop a budget

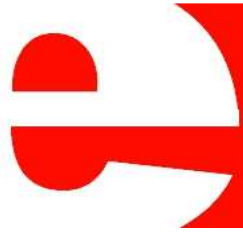


<b>4</b> graduate in four years	<b>SIUe</b>	
maintain at least a 3.0 gpa <b>3</b>		
<b>2</b> devote two hours of prep time per credit hour		<b>success</b>
involve yourself in one campus activity <b>1</b>		



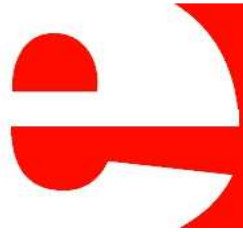
# FIRST SEMESTER EXPERIENCE

- *Right Sizing - Course Load*.....**MINIMIZE**
- *About Work*.....**MINIMIZE**
- *To Be Involved or Not*.....**HOLD OFF**
- *Resources/What Resources?*.....**KNOW IT/USE IT**
- *Circle of Friendship*.....**CAMPUS LIFE DEFINED**
- *Time*.....**MANAGE IT WISELY**



## **7 habits of successful students**

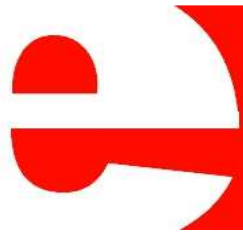
- *They are highly motivated*
- *They have defined success*
- *They have a game plan...4 - 3 - 2 - 1 = SUCCESS*
- *They know their professors, advisors, mentors*
- *They have cultivated a support system*
- *They are proactive*
- *They remain eternally optimistic*



# **Empty Nest...**

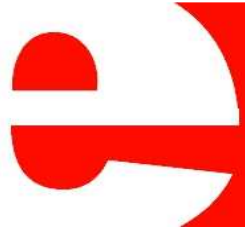
**(THE MENTOR)**

Your growth will result in  
your student growing.



## A Freshman Perspective about Parents...

- They are suffering from “ENS”
- They can't read a menu, even with glasses
- Tattoos scare them
- They have no taste in cool music
- They cannot open a PDF file
- They cannot figure out the digital remote control
- They think Pilates is a band
- And they still don't know the answers to life's biggest questions



Enjoy the journey...